

## CHAPLAIN'S HEART-TO-HEART



***Father Ibrahim, as you know, is our School Chaplain.*** Recently, the government has made a few changes to the work of the Chaplain. He is here to assist Ms. Helena Paras, our Psychologist, who is here on Thursday from 9am – Noon. So on the other days of the week, specifically Tues – Fri, (see his hours on his office door next to reception) he can provide a great listening ear to any problems or concerns you might have about difficult situations. These might include personal loss, facing personal or emotional challenges. He will offer support no matter what your faith tradition.

He can help support students to explore their own spirituality and provide guidance. We want everyone to help build an environment of happiness and wellbeing and thus continue to build a place where we work together with cooperation and mutual respect.

He is not only here for the students who might be referred by their classroom teacher but also for staff and the wellbeing of students' families.

***In other words, he is here for YOU!***

If you need further help he can also direct you to professional organizations, such as Catholic Care, who can help. Please make an appointment by calling the school, or just drop in. He will be back with us all in the new school year. If you have any urgent problems over the holidays please contact him at St Michael's Cathedral Parish.